



LESSON SIX HANDOUT: DOUBLES: STRATEGY, PRACTICE, PLAY

Switching

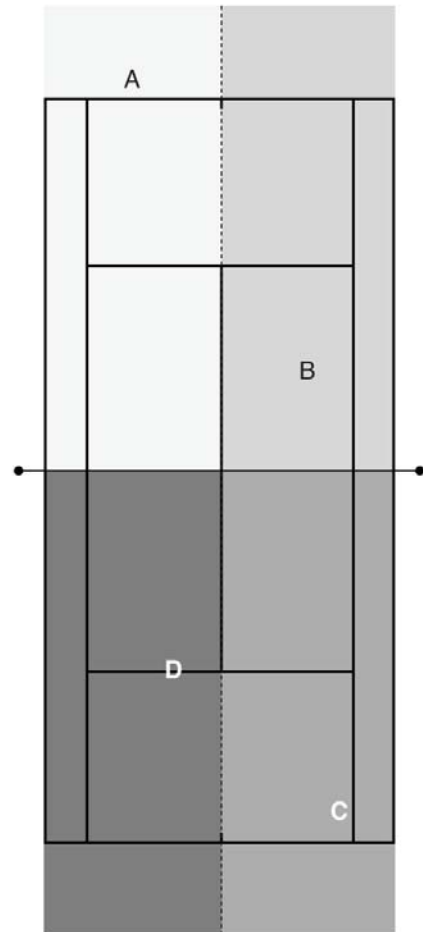
Players generally divide the court down the center, from the net to the baseline, and each partner is responsible for covering one half of their team's side of the court. When it is necessary to cover a ball on the other player's side, the two players switch positions. This occurs most commonly when a lob is hit over the head of a net player.

Serve and Return

Service returns should be hit away from a strong net player. This can be done by hitting crosscourt or by lobbing the ball over the net player's head.

Practice Suggestions

Keep playing. Try to get a foursome together to play doubles and to concentrate on covering your court area of responsibility and switching with your partner when necessary. Concentrate on hitting to the correct location (deep to deep or close to close), and recovering to the correct home base position. Use a backboard to practice and improve your stroke skills.



Each Player's Area of Responsibility